



Anugraha Sandesh

VOL. 4

ISSUE 1

ERNAKULAM

JUNE 2006

(FOR PRIVATE CIRCULATION ONLY)

ASHIRVACHAN BY H H SREEMAD SUDHEENDRA THEERTHA SWAMIJI*

A good work is that where only happiness exists. Today a beginning has been made for such a good work.

This project has been inspired by the motive to help others. It tries to wipe the tears of grief stricken and help them to lead a better life.

We were told by Prabhakara Prabhu, how this project was started as per the wishes of Dayanand and Narmada Kamath. They were fortunate souls. They always wanted to help others in their sorrow and difficulty. That was their only motive and principle.

People desire their own happiness and work to achieve it. But the desire to help others, and the desire to work for the same, is generated in one's mind only by sheer luck (*Bhagya*).

To execute their dream and desire to help the poor and needy, the couple entrusted the same to a worthy person like Prabhakara Prabhu who is also their relative. They were sure that he will execute their Will in the right earnest. Prabhakara Prabhu was well aware that it requires sincere, committed and dedicated manpower and co-operation of the people to accomplish these goals.

Thus he came into contact with Anugraha Charitable Trust which was doing charitable activity by considering it as its *Dharma*. The members of the Trust were doing selfless work with an intention to be blessed by the Almighty. The aim of the Trustees and that of Narmada & Dayanand coincided and happened to be the same.

The donors of the project were

blessed by God through utilization of their hard earned money in a judicious and good manner (*Sadviniyog*).

We pray to God to give the people behind this Trust more enthusiasm and ability to carry out the



Swamiji delivering Ashirvachan during the Bhoomipoojan for Dr. Narmada & Dayanand Kamath free housing complex

Anugraha Charitable Trust are instrumental to execute this noble work and they are doing it sincerely. We have been kept informed of their activities through the news bulletin in published by the Trust.

It is the God's will that all these persons should come together. To sacrifice for others and lessen their difficulties is a great principle (*Tatva*).

Now the Purohit here chanted "*Devahithom Yadayuhu*". That is to do what is dear to God. This make our life worthwhile. If we all participate in such good activities, we will get more blessings and protection from Him.

We all should join together and make this project successful. Man's hard work will definitely be rewarded, since it will have God's blessings.

noble cause. We also pray to give everyone success in their personal and family life, so that it will motivate them further to do more good work.

We also seek His blessings to give the people who are going to live here with good values of life, so that there will be peace, happiness and good atmosphere and they will live as members of one family.

When work is done for good cause it will never go waste.

Vedapurush has taught us four cardinal principles ie. *Deyam*, *Vyadeyam*, *Samvidadeyam*, *Diyadeyam*, meaning :-

Deyam means 'to give'

Vyadeyam means

'what is given is less, give more.'

c/o page ...3 ⇨

Editor's Note _____

Human errors occur due to following reasons : Lack of skill, insufficient knowledge, wrong or misinformation, pressure of work, disinterest, enmity, lack of motivation, anger, prejudgment of a situation etc. These errors can be rectified/corrected if these factors are eliminated.

“Generation Gap” we talk of these days too, is one such result. Grownups always expect the youngsters to approach them for counseling and advice in all aspects of life. On the other hand youth thinks that there is no communication level exists between them. May be due to change in life style, advancement of science and technology, fashion trends, changes in hierarchy of basic needs, overall ethos and values in life; neither side is ready to admit their failure to effectively communicate with each other. Nobody can demand respect from others, but they should earn it. Elders should try to understand the changing times, spend more time with the younger generation and try to understand each other in the right perspective. There should be no place for wrong pride, prejudice, arrogance, suspicion, doubts and anxiety, when two people talk each other. Free flow of ideas will lead to better understanding and appreciate others point of view. Then the younger generation will start responding in a positive manner.

The “Gap” even if it is imaginary will slowly narrow down and ultimately vanish. Both sides will vibe in the same wavelength in their already established communication channels. Instead of a “Gap”, one will find only mutual confidence, friendship, warmth and closeness. Older generation should take the first step and make the younger members quite comfortable and have full faith in them. Younger ones should also respect the wise advice and listen to their views while trying to convince the other side in firm but polite manner.

N R R Pai, Editor

President's Desk _____

Indeed, we are greatly redeemed with the divine presence and blessings of H.H Sreemad Sudheendra Thirtha Swamiji, our Dharmaguru and Mathadhipathi of Sree Kashi Math Samsthan for the Bhoomipujan of Dr.Narmada and Dayanand Kamath Free Housing Complex, Kochi on 23rd July 2005.

Six decades of splendid history of a miniscule community of GSBs under the guidance of Swamiji is reverberating with the social, economic, cultural and more particularly spiritual advancement made by the Samaj and Samsthan is very unique, with the establishment of numerous Temples, Maths, Cultural, Research and educational institutions spreading all over Bharath. The achievement is not at all small and no other community could make a mark as we did and it is nothing but mercy of Lord Narayana that our society was destined to be led by present Dharmaguru.

Upholding the motto, “Manava Seva Madhava Seva”, we formulated many schemes and projects to provide succour to the needy, joining hands with Sri Ranga Bhat son of late Sri A Krishna Bhat, Ernakulam, Sri.Dayanand V Kamath & posthumously by virtue of the Will of Sri.Dayanand V Kamath of Kadakkarapally and well wishers of Diwan Peshkar Late Sri.Madhava Prabhu of Ernakulam and M/s Krishna Mallayya & Govinda Mallaya of USA, sons of Late Palankkadavu Sri Anantha Mallya, Kochi, to name a few. Also, we immensely value the support extended by many other pious and Dharmic brethren. In steering all our philanthropic activities, no doubt, Sri S Prabhakar Prabhu, FCA is always with us as friend, philosopher and guide.

We have many schemes to name, space constraint forces me to list out only a few among them.

- Annadanam** : Daily free food to the hungry ones
- Vastradanam** : Clothing & uniforms for needy
- Vidyasahaya Nidhi** : Providing educational support to students
- Arogyasahaya Nidhi** : Free Medicine and consultation to over 150 families
- Aashray Projects viz**

Dr.Narmada & Dayanand Kamath Senior Citizens' Home : A Home for the senior citizens in Ernakulam

Dr.Narmada & Dayanand Kamath Multi Purpose Charitable Complex: A home for orphans, destitutes, including those who are mentally and/or physically challenged, critically ill from both sex and of any age.

Dr.Narmada & Dayanand Kamath Free Housing Complex : 38 flats are being built to freely accommodate like number of families who do not have a roof over the head in Pandikudy, Kochi.

We also have a unique facility by which the common public can participate by joining in the monthly donation scheme which is designed even to accept small amounts towards these noble schemes . Its also worth noting that all donations to the Trust is exempted under 80G of IT Act. It is only a beginning and we are determined to march forward with more of such novelties for the benefit of our needy brethrens in coming years and yearn to see our Samajbandhavas coming forward in large numbers by lending Thana-Mana-Dhana support to our projects.

R.Bhaskar Shenoi, President ■

Samvidadeyam means 'give with *Shraddha*. ie with firm belief that the receiver will be benefited by it.'

Diyadeyam means 'the belief that I am not the giver, but God has given me the urge to give.'



A view of the large gathering

If God has not given the person the urge (*Buddhi*) to do charity, even if one has the wealth, how can he perform charity.? Here We would like to narrate a story from Mahabharata.

During the conciliatory meeting Krishna asked Duryodhana to give atleast 5 villages, then atleast 5 homes to Pandavas which Duryodhana refused. Then he told Krishna," for the reason unknown, You are asking in front of everybody to give to Pandavas. Where as, You are persuading my mind not to give. Why Krishna, why are You doing like this to me?." The moral is that even to give

or do charity, a person needs God's will.

Paropakaram is *Punya*. *Parapeedanam* is *Pap* (Sin). *Upkar* means to do what is favourable and good to the recipient. So all should start doing *Daan* (charity) from now onwards. Do not postpone doing it.

We should do God's *Aradhana* for the benefit of our *Atma* (soul). Then our life will become pure and sacred. All should do *Daan* for the upliftment of our *Atma*. This is Our advise to the people assembled here. But even for this, Lord's blessings are necessary.

Now *Bhoomipoojan* has been done here. We have to live in this *Bhoomi* (world). We can rest our legs only on *Bhoomi* and not in the sky. Legs that we pound on the *Bhoomi*, is treated by *Bhoomimatha*, just like a mother takes the beating of her small child. By offering our prayers to the Lord, we have sought forgiveness and blessings for the successful completion of this venture and happy life to the future occupants.

People concerned have paid due respects to Us by respectfully inviting and seeking our blessings.

Let God bless all

*(Ashirvachanam delivered by H H Sreemad Sudheendra Theertha Swamiji, Mathadipathi of Sree Kashi Math Samsthan after performing the Bhoomipoojan for Dr Narmada & Dayanand Kamath Free Housing Complex, Pandikudi, Kochi-2 on 23rd July 2005.)

FREE HOUSING SCHEME

Trust has initiated a free housing scheme for providing shelter to 38 families in Kochi. Samaj Bandhavs are welcome to participate in this project to donate / sponsor and make a permanent mark to remember their beloved ones.

**Contact : Sri. N.R.R. Pai, Convenor, Project Construction Committee
Ph : 0484 - 2228216**

EDITOR

Sri N R R Pai, retired professional manager who has served multi national companies like ITC Ltd is appointed as the editor for Anugraha Sandesh. We express our sincere thanks to Sri N Muraleedhara Pai, Trustee who had discharged his responsibilities as Editor for our earlier issues in exemplary manner.

TRUST ACQUIRES ANOTHER PLOT

Trust has bought a 4.7 cents of land belonging to Cochin Thirumala Devaswom, leading to its present site at Dr Narmada & Dayanand Kamath Multipurpose Charitable Complex at Karnakodam. The narrow strip of land will enhance the access to the project.

TRUST ACTIVITIES

1. Dr Narmada and Dayanand Kamath Multipurpose Charitable Complex : Karnakodam



Sri S Prabhakara Prabhu, our Patron & President of Shree Sudheendra Medical Mission briefed on this project, after laying the foundation stone on 5th May 2005.

The project with about 28000 sqft is built on a 27 cents of land near T D Temple, Karnakodam. The complex

consists of a cellar and three floors. While two floors will have facilities to conduct socio-religious and cultural programmes, the third one will house mentally and physically challenged and orphans. The project is scheduled to be functional by October 2006.

2. Dr. Narmada Dayanand Kamath Senior Citizens' Home - Ernakulam

There are about fourteen inmates as on date from various quarters of life and different parts of the country who are making this Home lively. Trust has organized various activities for their benefit. Inmates were taken to participate in Aratu festival at Ayeekhal Sree Varaha Devaswom, Cherai and also to Ambalamedu to perform Seva to H H Sreemad Sudheendra Theertha Swamiji and received Swamijies blessings.

Satyanarayana Pooja is being conducted every month and everybody joins in devotional Bhajans.

3. Senior Citizens' Forum

Sri A Sudhakara Shenoy, Management Consultant, professional counselor and co-ordinator of JEEVITH SANTWAN (counseling center) conducted a workshop on "How to Live Happily" on 31st May 2006.

Dr Reshmi Nair, a renowned ayurveda doctor held a very useful interaction with the inmates of Senior Citizens' Home on 7th June 2006. She also gave free consultation to the inmates and offered her services at all times. We are grateful for her magnanimous offer which shows her commitment to the needy.

OBITUARY

Two of our inmates at Dr Narmada Dayanand Kamath Senior Citizens' Home left for the abode of God.



Smt A Sarada Bai (92), wife of late D Vasudeva Mallenthe grand old Karnavar of our Home left us on 13-12-2005. Born in Tellicherry, she was an embodiment of the principle *Athithi Devo Bhava*, (visitor is God). She joined this Home along with her son Sri V M S Mallar and entertained every one by her wits and sharp comments during her stay. She had gone to attend a marriage in her family at Tellichery and breathed her last there. ■



Sri M Sarvothama Prabhu (88) son of late Diwan Peshkar Sri A Madhava Prabhu left us on 14-02-2006. He joined our Home with his wife Smt Vijaya Sarvothama Prabhu. A man of simple words but great deeds, he was a true Gandhian and adhered to the basic principles of truth and simplicity in his life. Meticulous in replying to his friends by his own hand written letters, he was loved by everybody. ■

Condolence meetings were held at Home and the inmates, Board of Trustees and well wishers joined their respective families to offer sincere prayers for the noble souls. ■

4. DR NARMADA AND DAYANAND KAMATH FREE HOUSING COMPLEX – PANDIKUDI

This unique project is to provide free shelter to those weaker section who cannot afford to own a house. When completed, families can have decent accommodation and lead an enhanced quality of life.



The Bhoomipoojan was blessed by H H Sreemad Sudheendra Theertha Swamiji on 23rd July 2005. (The gist of Swamiji's Ashirvachan on the occasion is given in page 1) The ceremony was attended by a large gathering.



Subsequently on 17th March 2006 foundation stone was laid by our Patron Sri S Prabhakara Prabhu. The function was graced by Corporation Councillors Mrs Shyamala Prabhu and Mr Hyacinth. The contract for the civil work has been awarded and the work is in full swing. The complex will come up on a plot of 27 cents adjacent to Cochin College, Padikudi and is expected to be completed by the end of year 2007.

5. VIDHYA SAHAYA NIDHI

Trust has continued its activities under this scheme which has benefited more than one thousand five hundred students by providing note books, umbrella, text books, uniforms, fees and cash awards.

The annual distribution of books for the year 2005 was done on 29th May 2005 at the residence of Late Sri A Krishna Bhat, Ernakulam. This was inaugurated by Sri S Prabhakara Prabhu, our Patron and President of Sree Sudheendra Medical Mission. He enumerated various activities of the Trust and also informed about the new project for Mentally & Physically challenged at Karnakodam. Around 700 students were benefited from this noble cause. Another 214 pupils were given financial assistance to buy text books.

Sri K Ranga Bhat, Trustee welcomed the gathering and Sri C Surendranatha Naick, proposed vote of thanks.

On 4th June 2006, the annual distribution of the books for more than 850 students was inaugurated by Sri N R Pai, Chief Executive Officer, M/s Aspinwal & Company Ltd and President of Kerala Management Association at the residence of Late Sri A Krishna Bhat at Ernakulam. He remembered that this is the biggest event for helping the students in GSB community. Sri R Gopinatha Naick, Secretary presided the meeting and explained about the growth of the Trust from a small outfit started in 1997 to a gigantic tree with many branches giving solace to the poor and needy.



*Sri N R Pai inaugurating the book distribution.
Dr. Praveen G Pai, Sri S Prabhakara Prabhu,
Sri C Surendranath Naick, Sri R Gopinath Naick & Sri R
Bhaskar Shenoi can also be seen (from L to R)*

Sri S Prabhakara Prabhu, FCA, distributed scholarships and cash awards. Dr Praveen G Pai, Kollam welcomed the gathering and Sri C Surendranath Naick, Trustee proposed vote of thanks.

Trust has also extended help by providing note books to other community outfits viz,

Kudumbi Seva Sangham , Vyshya Samaj and Saraswath Association, Kochi

Sponsors for various schemes for Education.

(i) Devaki-Krishna Bhat Endowment Scheme - Providing note books, umbrellas etc for Students in Ernakulam/Kochi

(ii) Dr Narmada & Dayanand Kamath Endowment Scheme – Providing note books umbrellas at Alleppy and Cherai, uniforms, text books, etc in alternate years and fees to the deserving school students.

(iii) Diwan Peshkar Sri Madhava Prabhu and family Endowment Scheme – Providing help in Education

(iv) Pallankadavu Anantha Mallya Endowment Scheme - Providing help in Education

Scholarships/Awards

(i) E K Lakshman Rao Memorial Cash Award (Rs 800/-)- Xth Standard Sanskrit for Academic year 2004-05
- Sri Rahul R Kamath son of Sri S Ramachandra Kamath by securing 60/60 marks.

(ii) Lily Lakshmana Rao Memorial Cash Award (Rs 800/-)– Xth Standard Hindi for Academic year 2004-05
-Kum Meera J Pai D/o Sri D Jnaneshwar Pai son of Sri S Ramachandra Kamath by securing 58/60 marks.

(iii) Anandi Viswanath Rao Memorial Cash Award

(Rs 800/-)- Xth Standard Chemistry for Academic year 2004-05 - Sri Rahul R Kamath son of Sri S Ramachandra Kamath by securing 60/60 marks

(iv) Vaidhyakalanidhi Dr R S Kamath and Smt Sakunthala Kamath Memorial Cash Award (Rs 3000/-) – Medical/ para-medical student

- Kum Mitha M D/o V Muraleedhara Kamath

6. VASTRADANAM



Trust provided **Vastradanam** by way of donating clothes to elders belonging to weaker section of our society on **3rd Febraury'2006** (Aarath - festival day of Ernakulam Thirumala Devaswom). Sri K Ranga Bhat one of our Trustee is sponsoring one set of new clothes every year to more than 200 elders in memory of his beloved parents Late Smt Devaki & Late Sri A Krishna Bhat. Smt Sashikala Kamath, Trustee of Giri Kamath Vamana Kamath Trust and retired school teacher inaugurated the function. Sri R Bhaskar Shenoi, President explained about the activities of the Trust and various schemes.

7. AROGYA SAHAYA NIDHI

Trust continued to provide free consultation and medical help for more than 150 families in Mattanchery area. Dr Sujatha, a well known Homeopathic doctor is providing her yeomen service in making this scheme a grand success. We have many case studies were the patients have expressed their happiness. Trust is grateful to Dr Sujata for her commitment towards poor and downtrodden.

8. ANNADANAM

One of the most important scheme under the Trust ie. providing daily free food to the needy is continuing in the Mattanchery area for the Konkani speaking people for the last three and half years. Started with 10 people initially, the scheme as on date provides food for 48 numbers.

Public are also participating in this scheme by feeding the poor on the auspicious dates of their near and dear departed souls.

OBITUARY

Professor R K Rao (4-7-1914 : 11-7-2005), freedom fighter, scholar and true Gandhian who strived for the promotional of Konkani language and culture now lives only in our memories. He has authored many books and also translated Thakazhi's famous novel *Rendidengazhi* into Konkani which fetched him the Kendra Sahitya Akademi Award for translation. He was a multifacial personality and had marveled by his contributions in academic, cultural, social and linguistic fields. He served as the head of the department of Hindi at St Alberts College, Ernakulam.



It was on the recommendation of the linguistic minority committee in which Prof Rao represented Konkani language, that former primeminister Smt Indira Gandhi agreed to include Konkani language in the eighth schedule of the constitution with Devanagiri as script. He was also a homeo doctor with class A registration. As a reformist he was one among the first in the community to marry a widow. Late Yamuna Bai was his wife.

Our Trust is very much indebted to Sri Raomam for facilitating us during the inauguration of Dr. Narmada Dayanand Kamath Senior Citizens' Home.

STUDENT'S COUNSELING



During annual distribution of books on 4th June 2006, Trust facilitated in organizing student counseling for more than 125 students above Xth standard at Srinivasa Chambers, Ernakulam. The resource persons, Sri A S Shenoy, Management Consultant, Dr Radhakrishna Kamath, Professor, Government Engineering College, Trichur and Smt Sreekantha Kumari, Vice principal, Bhavans Vidhya Mandir, Erroor gave valuable tips to the students. There was lively interaction between students and the faculty.

The programme was co-ordinated by Sree Saraswathi Institute of Technology, Ernakulam

Dr Narmada & Dayanand Kamath Multipurpose Charitable Complex, Karnakodam



A unique charitable complex which will provide shelter to the Mentally & Physically challenged and orphans is nearing completion in a sprawling 27 cents of land in Karnakodam. Situated near T D Temple and Shivalaya and embedded by the housing colonies of our Samaj bandhavs, this project is expected to provide a meeting point for many social, religious and cultural activities.

Total of 28000 sqft of building will have dormitories, utilities and kitchen. The ground floor will have a 5500 sqft Pooja Mandir cum dining with modern kitchen facilities and abundant utilities. First floor will house a 7000 sqft facility to be used for social and religious functions. Second floor will be utilised to accomodate deserving people. Trust has already adopted two families and are being looked after for the last three years. The complex will have parking facility in the cellar floor and is scheduled for inauguration any date after October 2006.

INCOME TAX EXEMPTION

All donations to the trust is exempted under 80G of the Income tax Act.

Contact for details :-

Sri V VINOD KAMATH, Treasurer
Ph: (0484) 2370482

WEB-SITE

www.anugraha.gsb.in
www.anugrahatrust.blogspot.com

We express our sincere gratitude to our webmaster Sri K V Kamath who can be contacted at Dr. Narmada Dayanand Kamath Senior Citizens' Home. (Phone : 2371024)

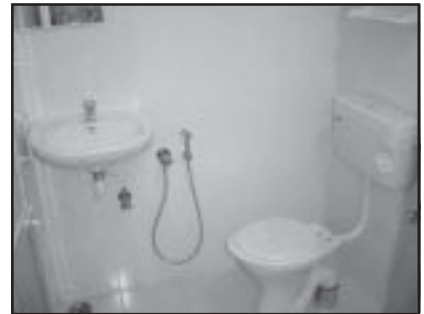
CONSTRUCTION OVERSEEING COMMITTEE

Trust has constituted a committee to oversee the construction work of Dr Narmada & Dayanand Kamath Free Housing Complex at Pandikudi. The committee consists of

- | | | |
|-----------------------------|--------------------------|----------------------|
| 1) Sri N R R Pai | Ph: 2228216 | - Convenor |
| 2) Sri S Ramachandra Kamath | Ph: 2207051/ 9447574684 | - Member (Technical) |
| 3) Sri K Sreekar Bhat | Ph: 3210124 / 9446218870 | - Member (Purchase) |
| 4) Sri K Hari Pai | Ph: 2211409 | - Member (Finance) |

Dr. Narmada Dayanand Kamath Senior Citizen's Home, Ernakulam

*A Home away from Home, A secure, safe, hygenic, serene and healthy environment
A concept of our extended large family. A homogeneous GSB habitat.*



- Living rooms with attached tiled bathrooms
- Homely Food - Konkani cuisine
- Hot & Cold water in rooms
- Secured environment.
- 5 Minutes walking distance to Temples, Railway Station, Bus Stop, Boat Jetty, Banks, Hospitals etc.



From top left : Main building in 15 cents of land with 16 rooms.

Quality rooms with Single & Double occupancy.

Glamour rooms for perfect satisfaction.

Bottom left : Common Dining and Drawing Room. Inmates enjoying their food.

With best compliments from :



100% Hygienic Stainless Steel Sinks for Healthy Living

RAGAV ENTERPRISES

T.D. Road, Ernakulam, Ph : 2362104, 2364028



OMKAR

Published by : **N R R Pai**, Editor for Anugraha Charitable Trust

Admn. Off: 41/1512, Opp. Sree Sudheendra Medical Mission, Chittoor Road, Ernakulam, Cochin - 682 018.

☎ : (0484) 2351133 E-mail : anugrahatrust@indiatimes.com,

Regd. Office : XL/5763, Krishna Bhat House, T. D. East Sannidhi Road, Kochi - 682 035

Website: www.anugraha.gsb.in Weblog: www.anugrahatrust.blogspot.com